

Bystander Intervention

What is Bystander Intervention:

Phrase used to describe a situation where someone who isn't directly involved in a situation steps in to intervene to give a person you observe and are concerned about a chance to get to a safe place or leave the situation. This can prevent sexual assault or rape, binge drinking and harassment and unwanted comments of a racist, homophobic, or transphobic.

Intervention should be a positive way to directly intervene to assist with a negative situation.

Don't just walk away

The following are the 5 basic steps for bystander intervention:

- Notice the event.
- Interpret the situation as a problem.
- Assume personal responsibility.
- Know how to help.
- **Step up!**

Intervention may be about outthinking the aggressor

For example: drug in drink. Accidentally spill drink

Accidentally fall into aggressor to release a hold the aggressor has on the other person

Delegate – call the police

Observe someone ordering another round of drinks for people or person who is already drunk.

Distract –

Don't you think you've had enough?

Take a selfie

Keep person from leaving when

Ask bartender to intervene – they have had training

Inform a friend