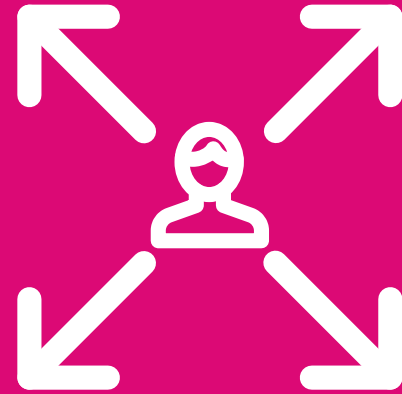


# What Types of Issues Does an SAP Address?



## Relationships

Family                      Friends  
Professors                      Partners



## Transitions

Marriage/Divorce                      Health/Illness  
Birth/Death                      Graduation/Career



## Risks

Depression/Anxiety                      Burnout/Anger  
Suicidal Thoughts                      Substance Abuse



## Challenges

Stress/Conflict                      Student/Balance  
Financial /Legal                      Daily Responsibilities

Your Student Assistance Program (SAP) provides free\*, confidential assistance to help with personal or professional problems that may interfere with work or family responsibilities.

**Better begins today.**  
**800-327-2251**

For more information about SAP services, log on to [portal.BHSONline.com](http://portal.BHSONline.com) | Username: PTC SAP

\* If you require a referral for long-term treatment, costs may be incurred. These are often covered by your health insurance plan.



© BHS, All rights reserved.