



Grill & Co.:	Cal.	Price:
Hamburger	479	\$4.39
Grilled Chicken Sandwich	323	\$4.39
Crispy Chicken Sandwich	491	\$4.49
Spicy Chicken Sandwich	563	\$4.39
Chicken Tenders (3)	310	\$3.79
Grilled Cheese Sandwich	437	\$3.39
Philly Cheese Steak Sandwich	563	\$5.99
Philly Chicken Sandwich	628	\$5.99
Chicken Quesadilla	396	\$6.49
Black Bean Burger	301	\$4.49
ADD Cheese to any Sandwich	86-107	\$0.59

Italian Kitchen:	Cal.	Price:
Cheese Flatbread Pizza	380	\$2.49
Pepperoni Flatbread Pizza	530	\$3.39
Build your own Flatbread Pizza	380-770	\$3.99
Build your own Crustless Pizza	169-513	\$5.99

Market Street Deli:	Cal.	Price:
Bacon, Lettuce Tomato (BLT)	283	\$3.79
Triple Decker Club Sandwich <i>(3 slices of Texas Toast piled high with Ham, Bacon, Lettuce, Tomato, Swiss and Cheddar Cheese)</i>	696	\$7.99
Made to order Deli Sandwiches <i>(Choose your bread, meat, and toppings)</i>	595-993	\$5.69
ADD your cheese	86-107	\$0.59

Simply Salads:	Cal.	Price:
Small Salad <i>(Add toppings and cheese for an additional charge)</i>	57-357	\$3.49
Chef Salad <i>(Lettuce, Tomato, Cheese, Egg, Ham & Turkey)</i>	487	\$7.29

A la Cart Items:	Cal.	Price:
French Fries	217	\$1.99
Sweet Potato Fries	367	\$2.29
Onion Rings	239	\$2.99

Beverages:	Cal.	Price:
Sweet Tea	128	\$1.89
Tea Refills (at register only)	128	\$0.99
20 oz. Bottled Beverage	0-290	\$1.89

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

