

Piedmont Technical College Course Syllabus

COURSE INFORMATION

Course Prefix/Number: ECD 135

Title: Health, Safety & Nutrition

Responsible Division: Business, Information Technologies and Public Service

Last Day to Withdraw from this Course: For the last date to withdraw from this course, consult the current *Student Calendar*.

Course Description:

For course, credit hour, pre-requisite(s) and co-requisite(s) information, visit the Detailed Course Information page: www.ptc.edu/courses/ECD135.

Textbook and Other Materials:

For textbook information and additional required and/or supplemental materials, visit the [college bookstore](http://www.ptc.edu/bookstore) (www.ptc.edu/bookstore).

Proctored Examinations:

Proctored examinations for distance learning courses taken at non-PTC campuses may require a proctoring fee for each exam taken.

COURSE POLICIES

Course policies are available online through the *Academic Catalog* and *Student Handbook*. Visit the [Course Policies page](http://www.ptc.edu/syllabus/policies) (www.ptc.edu/syllabus/policies) for a detailed list of important policies and more information.

GRADE POLICY

Detailed grading policy information can be found on the [Grading Policy webpage](http://www.ptc.edu/grading-policy) (http://www.ptc.edu/grading-policy). Final grade appeal information is available in the [Academic Catalog](http://www.ptc.edu/catalog/) (http://www.ptc.edu/catalog/).

ACCOMMODATIONS

Accommodations for ADA:

Information is available on the [Student Disability Services webpage](http://www.ptc.edu/ada) (<http://www.ptc.edu/ada>).

TITLE IX HARASSMENT AND SEXUAL ASSAULT INFORMATION

In accordance with Title IX of the Education Amendments of 1972, Piedmont Technical College does not discriminate on the basis of sex in its education programs or activities. Title IX protects students, employees, and applicants from sex discrimination in admissions and employment to include discrimination based on gender identity or failure to conform to stereotypical notions of masculinity or femininity. More information regarding Title IX, including contact information for the Title IX coordinators, is available at [Title IX Harassment and Sexual Assault Information](https://www.ptc.edu/about/legal-disclosures/title-ix-harassment-and-sexual-assault-information) (<https://www.ptc.edu/about/legal-disclosures/title-ix-harassment-and-sexual-assault-information>).

RATIONALE

Why do I need this course?

Children must have sound physical and mental health in order to develop, grow, and learn. In the preschool setting, children should be provided with a physical environment that is safe and healthy as well as with a program designed to foster positive attitudes, skills, and concepts of healthy lifestyle.

It is important to make children knowledgeable and sensitive about good nutrition. Children who are knowledgeable about foods, who are establishing sound eating habits, and who are developing positive attitudes towards food will have a better chance to grow, learn, and fulfill their potential.

PROGRAM INFORMATION

For program information including required courses, program learning outcomes, gainful employment information and advisement information, refer to the Academic Program webpage. Go to [Academics](http://www.ptc.edu/academics) (<http://www.ptc.edu/academics>), select your program, and then select Credentials Offered.

COURSE STUDENT LEARNING OUTCOMES

Upon successful completion of this course and/or clinical, each student will be able to:

- Know, understand, and plan for young children's needs for nutritiously balanced meals. (NAEYC 1a)
- Understand the need for nutritional policies which address growth and development to prevent risk, provide protection, and promote nutritional well-being. (NAEYC 1a)
- Know and understand how childhood disease and illness influences development and learning. (NAEYC 1b)
- Use knowledge of development to create and maintain a healthy and safe environment; using knowledge of development to identify elements of safe and unsafe environments. ((NAEYC 1c)
- Connect with children and families through appropriate methods of communication concerning health, safety and nutrition. (NAEYC 4a)
- Understand content knowledge in early education through ability to plan, implement, and evaluate activities for promoting good nutrition, health and safety practices in children. (NAEYC 4c)
- Know about and upholding ethical standards and other professional guidelines by recognizing and taking appropriate actions when confronted with minor and major injuries in children. This includes obtaining certification in CPR and First Aid. (NAEYC 5B)
- Know and upholding ethical standards and other professional guidelines by identifying the caregiver's role in protecting the safety of the children in their care. (NAEYC 5B)
- Know and upholding ethical standards and other professional guidelines by understanding appropriate caregiver assessment and intervention in providing emergency care and dealing with illness of young children. (NAEYC 5B)

GENERAL EDUCATION COMPETENCIES

Piedmont Technical College General Education Competencies for All Graduates:

This course may address one or more of the following General Education Competencies (assessment will be stated when applicable):

Communicate effectively.

Assessment:

NA

Apply mathematical skills appropriate to an occupation.

Assessment:

Students will use mathematical communications to evaluate caloric intake and fat gram needs for young children in a childcare setting, using nationally established FDA guidelines.

Employ effective processes for resolving problems and making decisions.

Assessment:

NA

Demonstrate the basic computer skills necessary to function in a technological world.

Assessment:

All assignments will be typed and submitted to D2L.

To validate proficiency in the general education competencies, students in some programs will be tested using Work Keys.