Student Health Forms and Immunization Requirements

For Health Science and Nursing Students

You must submit every document on this checklist by the specified deadline on your acceptance letter. **Failure to do so will result in the loss of your spot in the program.** All completed Health Care Forms must be submitted to the Health Records Coordinator. Faxed records will NOT be accepted. It is **highly** recommended that students call before coming, due to the schedules of the Health Records Coordinators.

For questions or more information regarding completion of this packet, please contact the Health Records Coordinator for your program’s division:

**Nursing Division Health Records Coordinator:** Joyce Timmerman, 132-H, (864)941-8780, timmerman.j@ptc.edu

**Health Science Division Health Records Coordinator:** Kim Easler, 104-H, (864) 941-8504, easler.k@ptc.edu

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### Checklist

(This page is designed to help the student track completion of his/her program health requirements and need not be turned in)

- **Student Information and Declaration:** Complete and sign page 2.

- **Physical & Mental Requirements:** Complete page 3 of the Student Health Form to verify your understanding of physical and mental requirements for your program.

- **Physical:** To ensure that you can meet the demands of working as a healthcare professional, you must have a physical exam, including auditory and vision screening by a qualified licensed physician or nurse practitioner. This exam must document your exam results and must be completed within 12 months of beginning the program. The Physical Assessment can be found on page 4 of the Student Health Form.

- **Immunizations/ Titors:** Students must submit proof of each of the following immunization series OR submit a positive titer for each. This must be documented on state-approved certificate of immunization form from the Health Department and/or your healthcare provider’s letterhead. A copy of lab is required to verify titer results. *(The first step is to contact the health department to check your childhood immunization records).*
  - **MMR:** Two (2) immunizations are required, or a positive titer.
  - **Varicella:** Two (2) immunizations are required, or a positive titer. Chicken pox self-reports are not acceptable in lieu of documented immunizations or titer.
  - **Hepatitis B:** A series of three (3) immunizations is required, or a positive titer.
  - **Tetanus:** Immunization required within the past 10 years.
  - **TB Skin Testing:** A 2-Step PPD is required upon admission. Thereafter, an annual PPD is required. Documentation must include: dates applied, dates read, results recorded in mm. TB tests must be administrated 1-3 weeks apart with results read within 48-72 hours. Positive PPD results require: date with results recorded in mm, documented chest x-ray results, and documented prophylactic treatment dates. *(Please note: Vet Tech students are required to complete only a 1-Step PPD).*
  - **Flu Vaccination:** All Health Science and Nursing students are required to have a yearly vaccination. Students will be informed annually by the Health Records Coordinator when it is time to obtain this vaccine. This requirement is communicated to students once area hospitals inform us that they have officially announced that that flu season has begun.

**NOTE:** It is recommended that you keep a copy of all the documents that you submit.

### ADDITIONAL REQUIREMENTS INCLUDE:

**CPR:** Healthcare Provider CPR through the American Heart Association for Health Care Providers is required. CPR training (AHS 106) is provided prior to the semester for those who need it. The dates for this training will be announced at Orientation. CPR certification is valid for 2 years, but all students must review a CPR video after 1 year. Students must enter the program with a CPR certification that will not expire for at least two years. *(Please note: Vet Tech students are not required to have CPR).*

**NOTE:** Individual programs may have additional requirements which will be communicated to you during your program’s Orientation.
STUDENT INFORMATION

Program: ___________________________ PTC ID: ___________________________ Date: __________________

Name: ________________________________________________________________

First MI Maiden Last

Date of Birth: ___________________________ ___________________________

Month Day Year

Address: ________________________________________________________________

Street City State Zip

Phone: ___________________________ ___________________________ ___________________________

Home Work Cell

Email: ________________________________________________________________

Emergency contact: ______________________________________________________

Name Relationship

Address Home Phone Work Phone

PHYSICAL ASSESSMENT

To be completed by student: (May attach additional sheets for full explanation.)

1. Known Allergies (Medications, food, other) _________________________________________________________________

__________________________________________________________________________________________________________

2. Medical Conditions currently diagnosed or treatment has been recommended that could put you, patients, faculty or fellow students at risk, i.e. seizures, diabetes, infectious disease, etc.

__________________________________________________________________________________________________________

__________________________________________________________________________________________________________

__________________________________________________________________________________________________________

DECLARATION

I hereby certify that all information is correct. I understand that false information may be cause for dismissal from the program.

I understand it is my responsibility to report any changes in my health status to the Program Director and/or Instructor.

I understand that this information:

\* Is confidential
\* Must be completed in its entirety and submitted for admission to specified program

I give permission for the official representative of the specified program to share this record, upon request, with appropriate college and/or clinical agency required for the provision of enhancing my educational and/or clinical experience.

Student Signature ___________________________________________ Date ____________________
PHYSICAL AND MENTAL STANDARDS

All nursing and health science programs require physical agility and strength sufficient to move from room to room, lift and position patients, maneuver in small places, and perform clinical services. Students must possess gross and fine motor abilities as well as auditory, visual, and tactile acuity, which are required to assess health status and perform effective patient care. See the chart below for specific requirements by program.

O = Occasionally (1 – 33%)
F = Frequently (34 – 66%)
C = Constantly (67 – 100%)

<table>
<thead>
<tr>
<th>Physical Stamina Required (Description)</th>
<th>RES</th>
<th>RAD</th>
<th>MAS</th>
<th>ADN</th>
<th>PN</th>
<th>PCT</th>
<th>CVT</th>
<th>MED</th>
<th>PHB</th>
<th>PHM</th>
<th>VET</th>
<th>SUR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lift - up to 50 lbs to assist moving patients, supplies, equipment. Lift - up to 200 lb when moving patients.</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>O</td>
<td>O</td>
<td>F</td>
<td>F</td>
<td>O</td>
<td>O</td>
<td>C</td>
<td>F</td>
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<tr>
<td>Stoop - adjust equipment.</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>C</td>
<td>C</td>
<td>F</td>
<td>F</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Kneel - manipulate equipment, perform CPR, plug in electrical equipment</td>
<td>O</td>
<td>F</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>F</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>F</td>
<td>O</td>
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<tr>
<td>Reach - overhead lights, equipment, cabinets, attach oxygen to outlets, stocking.</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>F</td>
<td>O</td>
<td>C</td>
<td>C</td>
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<tr>
<td>Motor skills, manual dexterity – small and large equipment for storing, moving; apply sterile gloves; take BP; operate computers; perform CPR; utilize syringes, tubes, catheters; set up and maintain sterile field.</td>
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<tr>
<td>Stand for prolonged periods of time (to deliver therapy, check equipment and patient; perform surgical procedures).</td>
<td>C</td>
<td>C</td>
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<td>Feel - palpate pulses; perform physical exams; feel arteries or veins for puncture; assess skin temperature.</td>
<td>C</td>
<td>O</td>
<td>C</td>
<td>F</td>
<td>C</td>
<td>O</td>
<td>F</td>
<td>F</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>F</td>
</tr>
<tr>
<td>Push/Pull large wheeled equipment, i.e. mechanical ventilators, wheelchairs, patients, x-ray, equipment, EKG machines, and office equipment.</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>F</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>F</td>
<td>F</td>
</tr>
<tr>
<td>Walk for extended periods of time.</td>
<td>C</td>
<td>O</td>
<td>C</td>
<td>O</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>O</td>
<td>C</td>
</tr>
<tr>
<td>Manipulate - knobs, dials associated with diagnostic or therapeutic devices; small instruments, syringes.</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
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<td>C</td>
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<tr>
<td>Hear - verbal directions, alarms, telephone; hear through a stethoscope for heart sounds, lung sounds, and blood pressure.</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
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<td>C</td>
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<tr>
<td>See - patient conditions such as skin color, work of breathing; read small print and calibration on equipment; perceive color.</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
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<td>Talk - communicate goals and procedures to patients in English.</td>
<td>C</td>
<td>C</td>
<td>C</td>
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<td>C</td>
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<td>C</td>
</tr>
<tr>
<td>Read - typed, handwritten, computer information in English.</td>
<td>C</td>
<td>C</td>
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<tr>
<td>Write - communicate pertinent information (patient assessment, outcome assessments) in English.</td>
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<td>C</td>
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<td>C</td>
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</tbody>
</table>

Mental Attitude

Function safely, effectively and calmly under stressful situations. | C   | C   | C   | C   | F   | F   | C   | C   |
Maintain composure while managing multiple tasks simultaneously. | C   | C   | C   | C   | C   | C   | C   | C   |
Prioritize multiple tasks. | C   | C   | C   | C   | C   | C   | C   | C   |
Social skills necessary to interact with patients, families, coworkers - of the same or different cultures; respectful, polite, discrete; able to work as a team. | C   | C   | C   | C   | C   | C   | C   | C   |
Maintain personal hygiene consistent with close contact during direct patient care. | C   | C   | C   | C   | C   | C   | C   | C   |
Display actions, attitudes consistent with ethical standards of the profession. | C   | C   | C   | C   | C   | C   | C   | C   |
Exposure to bloodborne pathogens – Hepatitis, HIV. | F   | O   | C   | F   | F   | F   | C   | O   | F   |

I have read the above requirements and understand that my inability to comply with these may result in my failure to successfully complete the program I have chosen.

Student Signature: ___________________________ Date: ______________________
To ensure that students are able to meet the physical and mental demands of working as a health care provider, students are required to have a physical exam within 1 year prior to program entry. This examination must include hearing and vision screening by a Healthcare practitioner before entering a health science or nursing program.

**Physical examination to be completed by Healthcare Provider**

*NOTE: Please include information concerning this student’s potential participation in patient care.*

<table>
<thead>
<tr>
<th>Nose</th>
<th>Abdomen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Throat</td>
<td>Hernia</td>
</tr>
<tr>
<td>Mouth</td>
<td>Nervous System</td>
</tr>
<tr>
<td>Neck</td>
<td>Skin</td>
</tr>
<tr>
<td>Breasts</td>
<td>Orthopedic</td>
</tr>
<tr>
<td>Lungs</td>
<td>Psychological</td>
</tr>
<tr>
<td>Cardiovascular</td>
<td>Other</td>
</tr>
<tr>
<td>Eyes</td>
<td></td>
</tr>
<tr>
<td>Vision Right_________</td>
<td>Left______</td>
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<tr>
<td></td>
<td>Corrective hearing</td>
</tr>
</tbody>
</table>

Comments:
____________________________________________________________________________________________________________
____________________________________________________________________________________________________________
____________________________________________________________________________________________________________

Significant changes in health status over last 12 months? ____Yes ____No
Please explain:____________________________________________________________________________________________________
____________________________________________________________________________________________________________

Current health status: Medications:__________________________________________________________________________
____________________________________________________________________________________________________________
____________________________________________________________________________________________________________

Health Science and Nursing students are required to perform physical assessment and nursing care strategies that utilize sensory and psychomotor abilities. This requires physical agility and strength sufficient to move from room to room, lift and position patients, maneuver in small places, and perform nursing actions: gross and fine motor abilities sufficient to provide safe and effective care; and auditory, visual, and tactile acuity sufficient to assess health status and perform required actions.

Based upon my examination and interview of the above named individual there does not appear to be any health condition present physically or emotionally that would prevent this individual from participating as a health science or nursing student.

Physician/Nurse Practitioner  Signature_________________________________ Date________________________

License # ___________________________ Phone: _____________________________

Address: ___________________________ Street City State Zip