made-to-order

**Breakfast Sandwiches**

<table>
<thead>
<tr>
<th>Step 1: Choose your bread $.99</th>
<th>Step 2: Choose your protein(s) $.99</th>
<th>Step 3: Choose your cheese add $.49</th>
</tr>
</thead>
<tbody>
<tr>
<td>Texas toast (2 sl) cal. 170</td>
<td>Egg add cal. 80</td>
<td>Cheddar add cal. 330</td>
</tr>
<tr>
<td>Wrap (1 ea) cal. 300</td>
<td>Sausage patty add cal. 150</td>
<td>Swiss add cal. 230</td>
</tr>
<tr>
<td>Naan flatbread (1 pc) cal. 160</td>
<td>Bacon per 2 slice add cal. 100</td>
<td>Pepper jack add cal. 230</td>
</tr>
<tr>
<td>Whole grain bread (2 sl) cal. 90</td>
<td>Ham per oz. add cal. 46</td>
<td>Provolone add cal. 320</td>
</tr>
<tr>
<td>Bun cal. 140</td>
<td>Turkey per oz. add cal. 29</td>
<td></td>
</tr>
<tr>
<td>No bread cal. 0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Step 4: Choose your condiments**

- Mayo add cal. 87
- Mustard add cal. 3
- Ketchup add cal. 45

**Step 5: Choose your toppings**

- Lettuce add cal. 14
- Tomato add cal. 18
- Red onion add cal. 40

**Xtras**

- Hash brown patty add cal. $1.49
- Belgian waffle add cal. $2.99

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
Omelets
3 eggs with cheese - $3.99
3 eggs - loaded omelet - $4.99

choose your eggs
- cage-free eggs cal. 80 per egg
- egg whites cal. 17 per egg

choose toppings
- bacon add cal. 44
- sausage add cal. 92
- ham add cal. 35
- mushrooms add cal. 4
- spinach add cal. 10
- jalapenos add cal. 0
- peppers add cal. 5
- tomatoes add cal. 5
- onions add cal. 10

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<table>
<thead>
<tr>
<th>Flatbread</th>
<th>Price</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>cheese flatbread</td>
<td>$1.99</td>
<td>cal. 380</td>
</tr>
<tr>
<td>pepperoni flatbread</td>
<td>$2.99</td>
<td>cal. 530</td>
</tr>
<tr>
<td>specialty flatbread</td>
<td>$3.99</td>
<td>cal. 530-770 ea.</td>
</tr>
</tbody>
</table>

**Xtras**
- pepperoni: add cal. 53
- chicken: add cal. 70
- pineapple: add cal. 20
- onions: add cal. 7
- olives: add cal. 33
- sausage: add cal. 92
- ham: add cal. 42
- peppers: add cal. 5
- mushrooms: add cal. 42
- jalapenos: add cal. 0

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### Meat The Burgers

<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
<th>Calories</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beef</strong></td>
<td>Fresh Ground Beef</td>
<td>479 cal.</td>
<td>$3.99</td>
</tr>
<tr>
<td><strong>Grilled</strong></td>
<td>Lean Grilled Marinated Chicken Breast</td>
<td>323 cal.</td>
<td>$3.99</td>
</tr>
<tr>
<td><strong>Crispy</strong></td>
<td>Crispy Buttermilk Fried Chicken</td>
<td>491 cal.</td>
<td>$3.99</td>
</tr>
</tbody>
</table>

### Got Cheese

Add $0.49 each

- Swiss: 91 cal.
- Provolone: 99 cal.
- Pepper Jack: 107 cal.
- Cheddar: 86 cal.

### Like it saucy

<table>
<thead>
<tr>
<th>Condiment</th>
<th>Calories</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ketchup</td>
<td>45</td>
<td></td>
</tr>
<tr>
<td>Honey Mustard</td>
<td>56</td>
<td></td>
</tr>
<tr>
<td>Mayo</td>
<td>87</td>
<td></td>
</tr>
<tr>
<td>Smokey BBQ</td>
<td>71</td>
<td></td>
</tr>
<tr>
<td>Mustard</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

### Top it Off

- Sliced Tomato: 15 cal.
- Fresh Jalapenos: 9 cal.
- Dill Pickles: 15 cal.
- Lettuce: 11 cal.
- Red Onions: 7 cal.

### Extras

- Sautéed Mushrooms: 42 cal., $0.49
- Bacon: 117 cal., $1.29
- Crispy Onion Rings: 123 cal., $0.49

### Sides

- Fries: 217 cal., $1.79
- Onion Rings: 239 cal., $2.49

### Not in a Burger Mood?

- **Black Bean Burger** cal. 301 $3.99
  - Black Bean Patty
- **Grilled Cheese** cal. 437 $2.99
  - Pepper Jack and Cheddar Cheese on Texas Toast
- **Love me Tender** cal. 523 $3.49
  - Chicken that is tender by name and tender by nature
  
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### Simply Salads

<table>
<thead>
<tr>
<th>Salad Description</th>
<th>Price</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Chef Salad</strong>&lt;br&gt;crisp salad greens with a colorful array of toppings: chopped boiled egg, ham, turkey, shredded cheddar, and tomatoes; choice of ranch or italian dressing</td>
<td>$6.79</td>
<td>487</td>
</tr>
<tr>
<td><strong>Garden Salad</strong>&lt;br&gt;crisp salad greens with shredded carrots, cucumbers and tomatoes; choice of ranch or italian dressing</td>
<td>$4.99</td>
<td>78</td>
</tr>
<tr>
<td><strong>Side Salad</strong>&lt;br&gt;a perfect size house salad of crisp salad greens with shredded carrots, cucumbers and tomatoes; choice of ranch or italian dressing</td>
<td>$2.99</td>
<td>57</td>
</tr>
<tr>
<td><strong>Spinach Salad</strong>&lt;br&gt;fresh baby spinach, bacon, red onions, chopped egg, mushrooms and croutons; choice of ranch or italian dressing</td>
<td>$5.99</td>
<td>162</td>
</tr>
</tbody>
</table>

**Xtras**

- Add chicken: $1.29 (add cal. 300)
- Add tuna: $1.49 (add cal. 225)
- Add shredded cheese: $0.49 (add cal. 85)

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