Academic Coaching

Knowing When to Hand-Hold, When to Give a Gentle Push, and When to Light the Fire

-Jessie Long & Steve Coleman

Presenters Backgrounds

- Jessie Long
 - Collegiate fast-pitch softball
 - Coached JV/Varsity Volleyball, Basketball, and Softball & Recreation Soccer & Baseball
 - 13 years of higher education experience
 - 9 years at private, four-year
 - 4 years at public, two-year
 - Currently the Director of Student Support Services at PTC
 - Bachelor's in Secondary Education
 - Master of Education Student Affairs & Higher Education



- Collegiate basketball
- Coached NCAA Division I Basketball, Owns True Ballers Basketball Academy
- 30 years of higher education experience
 - 6 years at public, four-year
 - 24 years at public, two-year
- Currently the Director of MODELS Academy & Community Outreach at PTC
- Bachelor's in Sociology, Minor Psychology
- Masters in Counseling & Education

IMPORTANT NOTES

- There is no "one size fits all" model
- Know your strengths; referrals may be necessary
- The focus of this presentation is on ACADEMIC Coaching – we are merely making parallels between Academic Coaching and Coaching Sports

Model & Demonstrate



- Do not assume a student knows
- Provide examples and/or explanations
- Cater to the students learning style when possible
- Remember each individual is different;
 what works for one does not work for all
- Keep supplies and samples on hand
- Keep it simple
- Re-educating

Motivate & Critique





- Be honest
- Be as direct as possible
- Highlight the good and the bad
- Be their cheerleader when they need one
- Remember it is CHALLENGE <u>AND</u>
 SUPPORT
- You may be the only supporter they have
- Re-educating (or re-minding)

Challenge & Remind



- Push students to do better
- Know their potential/limits
- Remember it is CHALLENGE <u>AND</u>
 SUPPORT
- Don't be afraid to let them know you are disappointed or upset
- Re-educating (or re-enforcing)



Questions?