

Massage Therapy Curriculum

Contact Us:

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PROGRAM REQUIREMENTS

Massage Therapy Certificate - MAS7

Massage Therapy is one of the fastest growing professions in the health care field. There is an ever increasing acceptance of massage as a holistic approach to health care and health maintenance.

A balance of academic knowledge, technical expertise, manual dexterity and ethical concepts prepare massage therapists to practice as health care professionals who are capable of addressing specific health issues and working in conjunction with other health care professionals.

Massage therapists are prepared to deliver therapeutic massage which involves manipulation of the soft tissue structure of the body to prevent and alleviate pain, discomfort, muscle spasms and stress. Therapeutic massage also improves functioning of the circulatory, lymphatic andnervous systems and may improve the rate at which the body recovers from injury and illness. Massage has many forms, including Swedish, a gentle relaxing massage, pressure point therapy and sports massage.

For more detailed information, please go to www.ptc.edu/hsnis.

Students are required to maintain a current American Heart Association "Basic Life Support for Healthcare Providers" certification throughout the major studies courses.

Day Program

FALL SEMESTER		CREDIT HOURS	
AHS 106	Cardiopulmonary Resuscita	tion 1.0	
BIO 112	Basic Anatomy and Physiolo	gy4.0	
MTH 120	Introduction to Massage	4.0	
MTH 121	Principles of Massage I	4.0	
MTH 123	Massage Clinical I	3.0	
SPRING SEMESTER			
MTH 113	Essentials of Anatomy and P	hysiology	
	for Massage Therapy	3.0	
MTH 122	Principles of Massage II	4.0	
MTH 126	Pathology for Massage Ther	apy2.0	
MTH 128	Clinical Applications of Mas	ssage 4.0	

SUMMER TERM	CREDIT HOURS
MTH 124 Massage Business Applicat	ions 3.0
MTH 127 Principles of Massage III	3.0
MTH 131 Clinical Applications of Ma	assage II4.0
MTH 132 Massage Therapy Seminar	1.0

TOTAL CREDIT HOURS: 40.0

A.A.S., Major in General Technology (Health Science Programs)

Graduates of the Massage Therapy, Medical Assisting, Patient Care Technician, Pharmacy Technology and Surgical Technology programs must complete the following courses to earn an Associate in Applied Science with a major in General Technology. The minimum total credit hours required is 76.

REQUIRED CORE SUBJECT COURSES (MINIMUM 40 CREDIT HOURS)

GENERAL EDUCATION (MINIMUM 18 CREDIT HOURS) CREDIT HOURS Elective Natural Science/Math 3.0 SECONDARY TECHNICAL SPECIALTY (12 CREDIT HOURS) **CREDIT HOURS** MKT 135 Customer Service Techniques......3.0 OTHER HOURS REQUIRED FOR GRADUATION **CREDIT HOURS** (6 CREDIT HOURS) AHS 205 Ethics and Law for Allied Health PSY 203 Human Growth and Development......3.0

>>> Visit www.ptc.edu/massage to learn more.