

# Massage Therapy Curriculum

## Contact Us:

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## PROGRAM REQUIREMENTS

### MASSAGE THERAPY CERTIFICATE

Massage Therapy is one of the fastest growing professions in the health care field. There is an ever increasing acceptance of massage as a holistic approach to health care and health maintenance.

A balance of academic knowledge, technical expertise, manual dexterity and ethical concepts prepare massage therapists to practice as health care professionals who are capable of addressing specific health issues and working in conjunction with other health care professionals.

Massage therapists are prepared to deliver therapeutic massage which involves manipulation of the soft tissue structure of the body to prevent and alleviate pain, discomfort, muscle spasms and stress. Therapeutic massage also improves functioning of the circulatory, lymphatic and nervous systems and may improve the rate at which the body recovers from injury and illness. Massage has many forms, including Swedish, a gentle relaxing massage, pressure point therapy and sports massage.

For more detailed information, please go to [www.ptc.edu/hsnis](http://www.ptc.edu/hsnis).

Students are required to maintain a current American Heart Association "Basic Life Support for Healthcare Providers" certification throughout the major studies courses.

## REQUIRED COURSE INFORMATION

COURSES	CREDIT HOURS
MTH 113 Essentials of Anatomy and Physiology for Massage Therapy .....	3.0
MTH 120 Introduction to Massage .....	4.0
MTH 121 Principles of Massage I.....	4.0
MTH 122 Principles of Massage II.....	4.0
MTH 123 Massage Clinical I.....	3.0
MTH 124 Massage Business Applications .....	3.0
MTH 126 Pathology for Massage Therapy .....	2.0
MTH 127 Principles of Massage III.....	3.0
MTH 128 Clinical Applications of Massage .....	4.0
MTH 131 Clinical Applications of Massage II .....	4.0
MTH 132 Massage Therapy Seminar .....	1.0

**SUBTOTAL: 35.0**

## ELECTIVE COURSE INFORMATION

COURSES	CREDIT HOURS
AHS 106 Cardiopulmonary Resuscitation .....	1.0
BIO 112 Basic Anatomy and Physiology .....	4.0

**SUBTOTAL: 5.0**

**TOTAL CREDIT HOURS: 40.0**

## A.A.S., MAJOR IN GENERAL TECHNOLOGY

The major in General Technology is designed to provide students with an opportunity to upgrade diploma or certificate programs into broader occupational degrees. The program is designed to be substantially individualized to meet the needs of employees who have or seek to have broad technical responsibilities. Total credit hours for this degree must equal 60 or more.

The major in General Technology requires that a student complete a minimum of 15.0 credit hours in General Education. These 15.0 hours need to be drawn from and include one course from each of the following:

## GENERAL EDUCATION (MINIMUM 15 CREDIT HOURS)

### CREDIT HOURS

Mathematical Requirement (MAT 170, MAT 102 or options below)* .....	3.0
ENG 101 English Composition I (or ENG 165 Professional Communications) .....	3.0
Social/Behavioral Sciences Elective .....	3.0
Natural Sciences/Mathematics Elective.....	3.0
Humanities/Fine Arts Elective .....	3.0

\*Approved math courses include: MAT 110, 111, 112, 120, 122, 123, 130, 140, 141, 155, 171, 220, 240, 242

## REQUIRED CORE SUBJECT AREAS (MINIMUM 33 CREDIT HOURS)

The student supplements the general education requirements with a minimum of 33.0 credit hours in Required Core Subject Areas. These courses are selected by the student and advisor to meet the particular employment needs and aspirations of the student.

The General Technology major allows a student to select coursework for becoming a multi-skilled technician. The Required Core consists of a primary and secondary technical specialty.

### PRIMARY TECHNICAL SPECIALTY

The primary technical specialty consists of a minimum of 21 semester hours credit in a single content area from an approved degree, diploma or technical education certificate program that is currently offered by the college.

### SECONDARY TECHNICAL SPECIALTY

The secondary technical specialty consists of a minimum of an additional 12 semester hour credits from one of two options:

- (1) 12 semester hour credits from an approved degree, diploma or technical education certificate program that is currently offered by the college, or
- (2) 12 semester hour credits from an interdisciplinary mix of credits awarded for coursework from any program, military training, experiential learning and/or testing.

## OTHER HOURS FOR GRADUATION (CREDIT HOUR RANGE 12-36)

Technical colleges within the State Tech System may use the courses identified in this section of the model to adapt the program to meet the needs of local employers and students. The student may use credits in this section to develop a third

technical specialty or to enhance the primary and secondary technical specialties. Credits should be chosen by the student under the guidance of his/her faculty advisor, for the purpose of allowing the student to adapt the program to his/her individual objectives. Courses in this section may include credits awarded for military training, experiential learning and testing.

## PROGRAMS OFFERING THIS DEGREE OPTION

For more information on the guided program outlines for the A.A.S. Major in General Technology, please see the following areas in the catalog:

*\*For General Technology degree options in Health Science, please review our website at [www.ptc.edu/academics/degrees-diplomas-certificates](http://www.ptc.edu/academics/degrees-diplomas-certificates) or contact your advisor.*

>>> Visit [www.ptc.edu/massage](http://www.ptc.edu/massage) to learn more.